

ANNUAL REPORT 2023





EXECUTIVE DIRECTOR STATEMENT

As I reflect on the accomplishments and milestones of This is Jane Project in 2023, I am thrilled to share the incredible impact TIJP has had in our third year as a non-profit organization.

In 2023, TIJP reached a monumental milestone by serving over 1.3k Janes through our four trauma-informed programs: Survivors Without Access (SWA), Healing Happy Hour (HHH), HEARTs Healing Arts (HEARTs), and Community Outreach (Reaching Jane).

It is imperative to note that the growth and expansion of our organization would not be possible without the dedication and passion of our remarkable team of volunteers, who worked tirelessly to make each event a success.

Our community came together in powerful and uplifting ways through 12 Healing Happy Hour events, where Janes found solace, shared their stories, and embarked on their healing journey collectively. Additionally, our Survivors Without Access compassion events in Denver, CO, and Los Angeles, CA served over 500 Janes and facilitated the compliant donation of over 25,000 units of medicinal cannabis.

Further, we hosted 4 HEARTs Healing Arts events, bringing Janes from across the country together virtually, engaging in trauma-informed art workshops. In our commitment to expanding our reach and impact, TIJP hosted 9 Reaching Jane Community Outreach events, planting seeds for future chapters in New Jersey and New York.

TIJP also took significant steps to enhance its capabilities and impact in 2023. The establishment of the Information Services Committee marked a crucial initiative to collect essential data, enabling us to make informed decisions and better fulfill our mission to shed light, build community, and uplift the lives of women and non-binary trauma survivors.

A pivotal moment in our journey was the inaugural TIJP board and staff retreat, where we collaboratively developed a comprehensive two-year strategic plan. This plan prioritizes data-driven decision-making, ensuring that our efforts are focused and impactful as we continue to grow.

I am excited to announce the diversification of our board, welcoming five esteemed individuals: Dr. Gregory Canillas as Executive Board President, Ronni Eloff as Executive Board Secretary, Dr. Chris Scaglione, Dr. Emir Costello, and Michelle Miller as valuable board members. Their expertise and commitment will undoubtedly strengthen TIJP as we navigate the path ahead.

TIJP nurtured a partnership with Curaleaf's Rooted in Good program, providing crucial funding of \$75,000. Additionally, we were honored to be the recipient of a \$10,000 grant from the Wana Foundation, which further supports our mission to make a positive impact on the lives of women and non-binary trauma survivors.

As we eagerly anticipate the opportunities and challenges of 2024, we invite you to join us in making a tax-deductible donation to This is Jane Project. With your continued support, we can build on the successes of the past year and continue to shed light, build community, and uplift the lives of survivors.

IN HEALING,

Shannon DeGroot

2023 SWA IMPACT



25K UNITS

TJJP has facilitated the donation of over 25k units of medicinal cannabis



56

Janes have received their MMJ physician recommendation

As one of only a handful of nonprofits dedicated to compassionate care in California and Colorado, This is Jane Project is honored to support women and non-binary trauma survivors using cannabis to confront, manage, and heal trauma.

2023 HEALING HAPPY HOUR- IMPACT

Thanks to Eventhi's program sponsorship, This is Jane Project continued a virtual open-consumption event series that prioritizes healing and fosters a sense of community for Janes.

Previous events included:

- “Discovering Balance With Breathwork...”
- “Reflecting on Courage for Transgender Awareness Month.”
- “December Dreams: Vision Board Workshop.”

350 Janes from across the country have signed up to join our monthly **FREE Healing Happy Hours**.

Please join us for these FREE events on the 4th Wednesday of each month.

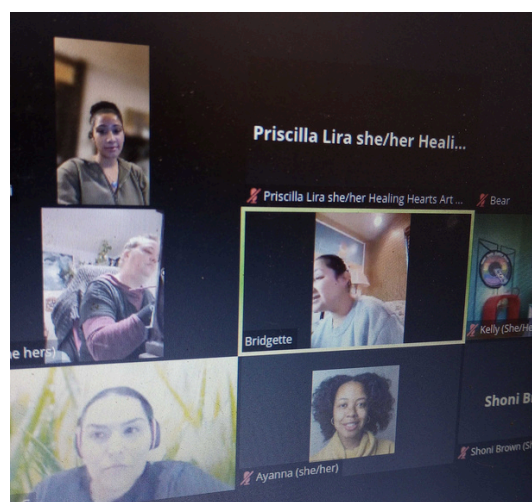


2022 HEARTS HEALING ARTS IMPACT



In collaboration with artists and survivors, TIJP hosted 4 no-cost, trauma-informed healing art hours to uplift, provide community, and support women and non-binary survivors looking to express themselves through a guided healing art experience.

Janes who register to attend a HEARTS Healing Arts event, receive a kit with all materials needed to participate in these virtual events.



91

Janes registered to use this program as part of their healing in 2023

While there are many art therapy programs out there coupled with a variety of puff & paint events, This is Jane Project aims to provide a hybrid event to facilitate a trauma-informed event approach for Janes.

2023 COMMUNITY OUTREACH IMPACT



Community Outreach are in-person events to uplift the lives of women & non-binary people who have experienced trauma through activities that build community, support healing, and create opportunities for storytelling.



These events introduce Janes to all of the TIJP programming available and work to build an inclusive network of survivors together.

From Los Angeles and Denver, to NYC and NJ, TIJP hosted 9 Community Outreach events in 2023.

9

Community Outreach Events
hosted in 2023

A LOOK AHEAD...

There are Janes across the country that lack access to healing alternatives and our wish for 2024 is that we expand into new markets to bring our trauma-informed programming to more Janes. How do we want to achieve that? Through collaborative sponsorships and partnerships with like-minded organizations. With much-needed sponsorship dollars, we can serve more Janes who are confronting, managing, and healing from trauma. We have merely scratched the surface of what we can accomplish together. Join us in this fight, and help us Help Jane Heal with a tax-deductible donation today!

